



Sleep Patch

Specification: 6Bags/Box Size:130*100*30mm Weight:56g

Ingredients

Ziziphi Spinosae Semen, Chuanxiong Rhizoma, Poria, Anemarrhenae Rhizoma, Bupleuri Radix, Paeoniae Radix Alba, Aurantii Fructus Immaturus, Cyperi Rhizoma, Citri Reticulatae Pericarpium, Zingiberis Rhizoma, Jujubae Fructus, Lavandulae Flos, and Euodiae Fructus.

Uses

Sleep Promoting Patch: With Vanillin butyl ether in the acupoint patch. It locks the heat into body, irritate acupoint. Relieve poor sleep quality caused by excessive stress, emotional distress.

Can't fall asleep

Difficulty falling asleep
tossing and turning

Can't stay asleep

Waking up easily at night
anxious and dream-filled

Can't wake up

Drowsy and fatigued
neurasthenic

Can't feel rested

Forgetful and sluggish
heavy dark circles

Natural Botanical Extracts

Nourishing & hormone-free

Inspired by Xiaoyao San – a renowned TCM tranquility formula



Ziziphi Spinosae Semen
(Suan Zao Ren)

Nourishes the Heart and Liver, calms the spirit, and promotes sleep.



Chuanxiong Rhizoma
(Chuan Xiong)

Activates blood circulation, resolves stasis, and relieves pain.



Poria
(Fu Ling)

Strengthens the Spleen, promotes diuresis, and calms the mind.



Anemarrhenae Rhizoma
(Zhi Mu)

Clears heat, nourishes Yin, and reduces irritability



Bupleuri Radix
(Chai Hu)

Spreads Liver Qi, relieves stagnation, and harmonizes Liver-Spleen imbalances.



Lavandulae Flos
(Xun Yi Cao)

Calms the spirit, relieves mild anxiety, and aids sleep.

Four Key User Groups and Benefits

Gentle Sleep Support for Students, Office Workers and Menopausal Need



Overworked Professionals

Common Issues: Late-night work, anxiety racing thoughts before bed

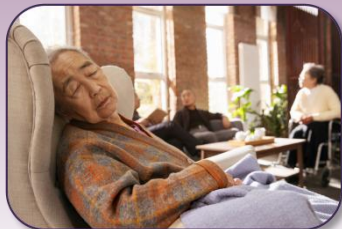
- Stimulates Shenmen (HT7) and Anmian acupoints to relax the nervous system
- Lavender and chamomile ingredients ease tension
- Non-habit forming, ideal for long-term use



Students

Common Issues: Pre-test anxiety, mental fatigue, disrupted sleep

- Promotes faster relaxation for more efficient sleep
- Avoids memory impairment from sleep medications



Elderly Adults

Common Issues: Light sleep, frequent nighttime awakenings

- Mildly activates pressure points
- Natural ingredients like jujube seed prolong deep sleep
- Safer than oral sleep aids with no side effects



Frequent Travelers

Common Issues: Jet lag, unfamiliar beds, noise disturbances

- Portable design helps reset circadian rhythm
- Physical patch provides comfort in new environments

Precautions

- Consult a doctor if pregnant or breastfeeding.
- Avoid use on irritated or broken skin.
- Not for medical use. Seek medical advice for chronic conditions like insomnia or depression.

4 Core Technologies of Sleep Patches

Empowering Technology for a Deep Sleep Experience



Refined Extraction Process Preserving Herbal Bioactivity

Low-Temperature Grinding:

Prevents thermal degradation of heat-sensitive components.

Precision Extraction:

Selectively isolates active compounds based on solubility, ensuring higher efficacy.

- Compared to traditional high-temperature decoction, it better preserves the plant's original bioactive profile.
- Reduces impurity residues and improves extract purity.



Multi-Strain Fermentation Enhanced Absorption

- Utilizes specific probiotics to ferment herbal extracts, breaking down macromolecules (e.g., polysaccharides, fibers) into small peptides or amino acids.
- Smaller molecules enhance skin barrier penetration.
- May reduce allergenicity (as large proteins are degraded).



Breathable Skin Patch Comfortable Adhesion

Material:

Microporous structure allows airflow, minimizing sweat buildup for long-wear comfort.

Adhesive:

Hypoallergenic glue tested for skin irritation.

- Stays breathable and itch-free even with prolonged use, suitable for sensitive skin.
- Moderate adhesion secures the patch during movement without residue.



Acupoint-Targeted Design Sleep Enhancement

Patch shape/thickness optimized for acupressure stimulation.

Integrates TCM theory to potentially boost active ingredient absorption.

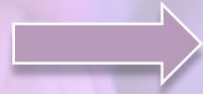
How to Use Sleep Patches Properly

Key Steps & Tips for Better Sleep



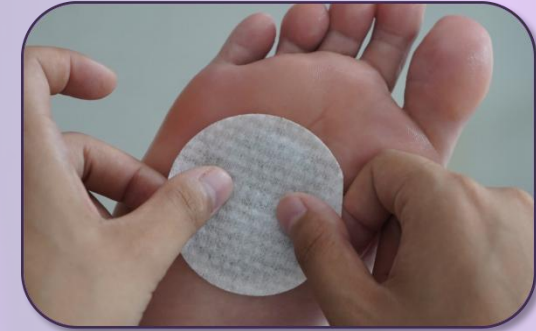
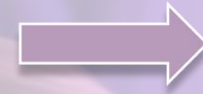
Step 1: Clean Your Feet

- Wash and dry feet before use
- Make sure soles are free of oils



Step 2: Find Yongquan Points

- Peel open the package and take out the patch.
- Don't touch the sticky side - just hold the edges.



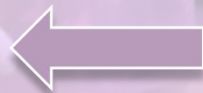
Step 2: Find Yongquan Points

- Sit and bend your foot
- Locate the dip on front 1/3 of sole
- Most visible when curling toes



Step 6: Remove Patch

- Gently peel off in morning
- Use 3-5 times weekly for best results



Step 5: Best Timing

- Apply 2 hours before bed
- Keep on for 6-8 hours



Step 4: Apply to Both Feet

- Stick one patch on each foot
- Press firmly for 5-10 sec

Certified Quality

Professional Certification · Quality Assurance

HUMISS

Declaration of Conformity

Manufacturer: Zhengzhou Langyi Biotech Co., Ltd.
 Address: No. 509, Floor 5, Building 4, No. 27 Fenglin Road, Zhengzhou High-tech Industrial Development Zone, Zhengzhou City, Henan Province, 450001, China
 SRN: Not assigned yet

Product name: Sleep Patch
 Model(s): S01
 EMDN code:
 Basic UDI-DI: 6972049415P01K9
 Type: Class I, rule 1, Annex VIII, chapter III
 Conformity Assessment Route: Annex II and Annex III

The manufacturer declares that the device complies with the Medical Device Regulation (EU) 2017/745, Standard(s) used for showing compliance with the essential requirements in the specified directive(s):

EN ISO 13485:2016, EN ISO 14971:2019, EN ISO 20417:2021, ISO 15223-1:2021/Amd.1:2025, EN 62366-1:2015, EN ISO 10993-1:2020, ISO 10993-5:2009, ISO 10993-10:2021, ISO 10993-11:2017, ISO 10993-23:2021

The referred report(s) show that the device complies with standard(s) recognized as giving presumption of compliance with the essential requirements in the specified EU Directive(s). The manufacturer has marked the device with the CE mark.

European Authorized Representative
 HUMISS TRADING S. L.
 Address: Calle Luis Buñuel 12, MADRID, 28018, Spain
 Tel: +34-640150649
 E-mail: info@humiss.com
 Website: <http://www.humiss.com>
 SRN: ES-AR-000040177

CE

This declaration is issued under the sole responsibility of the manufacturer.


 Jiana Li
 Title: Compliance manager
 Place: Zhengzhou City

DOC No: S-YB-MD-2503250064/05
 Issue date: Mar. 25, 2025

CE Marked

FDA
Fiscal Year 2025

This is a notice to the establishment whose Facility Registration and Device Listing have been done within the Fiscal Year 2025.

Establishment information
 Name: ZHENGZHOU LANGYI BIOTECH CO.,LTD
 Address: No.509, Floor 5, Building 4, No.27 fenglin road, Zhengzhou High-tech Industrial Development Zone, Zhengzhou, Henan, 450001, CHINA
 Inquiry Website: <https://www.accessdata.fda.gov/cdrfs/cdrfs-fsdocs/c/RLI/rl.cfm>

Facility Registration and Device Listing Information

| Listing No. | Product Code | Proper Name(s) | Registration Role |
|-------------|--------------|--|--------------------------------|
| D515465 | IMD | Cooling Patch, Warm Patch, Cooling Gel Eye Patch, Cooling Gel Nose Patch, Cooling Eye Patch, Cooling Nose Patch, Cooling Gel patch, Disposable Hydrogel Eye Patch, Disposable Hydrogel Patch, Pain Relief Gel Patch, Hydrogel Patch, Scar Patch | Manufacturer, Foreign Exporter |
| D515466 | OMW | Heat patch, Hot Patch, Acupoint Pressure Stimulation Patch, Menstrual Cramp Relief Patch, Pain Relief Heat Patch, Pain Relief Cold Patch, Pain Relief Patch, Pain Relief Patch, Period Pain Heat Patch, Joint Heat Patch, Far Infrared Physiotherapy Patch, Far Infrared Pain Relief Heat Patch, Far Infrared Patch, Breast Health Patch | |
| D515467 | IME | Warmer Belt | |

FDA Registered

POSITIVE
CERTIFICATE

This is to certify that the Quality Management System of

Zhengzhou Langyi Biotech CO., LTD

Business License Number: 91410100MA45WRLN92
 Registered Address: No.509, Floor 5, Building 4, No.27 Fenglin Road, Zhengzhou High-tech Industrial Development Zone, Henan Province, China
 Audit Address: No. 401, 402, 509 and 609 in Building 4; No. 305 and 603 in Building 5, No. 27 Fenglin Road, Zhengzhou Hi-tech Industrial Development Zone, Henan Province, China

applicable to

Production and sales of Cooling Patch, Medical Cold Patch (Cooling Gel Patch, Gel Pain Relief Patch, Pain Relief Cold Patch), Medical Hot Patch (Warm Patch, Heat Patch, Joint Heat Patch, Pain Relief Heat Patch), Acupoint Pressure Stimulation Patch (Cough Relief Patch, Diarrhea Relief Patch, Motion Sickness Patch, Breast Patch, Cold Patch, Throat Relief Patch, Constipation Relief Patch, Gastritis Patch, Sleep Patch, Slimming Patch), Eye Patch, Pain Relief Patch, Menstrual Cramp Relief Patch, Nose Patch, Mosquito Repellent Patch, Scar Patch, Eye Mask, Foot Patch (export only)

has been assessed and registered by POSI against the provisions of

GB/T 42061-2022/ISO 13485:2016

This registration is subject to the company maintaining a Quality Management System, to the above standard, which will be monitored by POSI. Certified organization shall accept regular surveillance audit, the validity of certificates shall be maintained for the positive result of audit. Please consult the website: www.posicert.com

The certificate information is also available on the CNCA official website: <http://cx.cnca.cn>.

  
 General Manager

Certificate Registration No: 3812402SR00M
 Initial issue date: 2024.08.15 Issue date: 2024.08.15 Valid until: 2027.08.14
 Shanghai POSI Certification Co., Ltd.
 Room 1402A, No.1500, Century Avenue, China (Shanghai) Pilot Free Trade Zone. Email: info@posicert.com

ISO Certified